



C/o EDAC  
320 Rokeby Road  
SUBIACO WA 6008  
Website: [wwdwa.org.au](http://wwdwa.org.au)  
Email: [info@wwdwa.org.au](mailto:info@wwdwa.org.au)  
ABN: 88 362 290 308

## **Women With Disabilities WA Inc**

### **Newsletter – October 2013**

Hi everyone,

Welcome to the final edition of our newsletter for 2013. It is hard to believe that we are this close to the end of the year already. As of October this year, WWDWA Inc will have been running for 10 years! I'm so proud of all we have achieved as an organisation, and the commitment of our members in keeping WWDWA Inc going. Over the years we have done a lot to support women with disabilities in WA and to raise awareness of the issues affecting us in the community and to government. Our monthly forums are still our most popular activity and provide our members with peer support, friendship, and the opportunity to discuss many issues with our speakers and each other. We have provided a number of submissions to government about issues such as human rights, the National Disability Insurance Scheme, and access to justice for people with disabilities. You can find copies of these submissions on our website at [wwdwa.org.au/publications](http://wwdwa.org.au/publications) or ring 244 7463 to have copies sent out to you.

None of this work could have been done without the the support of the Ethnic Disability Advocacy Centre or our national organisation Women With Disabilities Australia. And the most important part of WWDWA Inc are you, our members. Thank you for contributing your experiences and knowledge, and participating with such enthusiasm in our forums. Many thanks to all of the past and present members of our Management Committee who have kept the organisation running behind the scenes and to all of our supporters and allies. It has been a great privilege and pleasure to see WWDWA Inc grow and develop over the last decade, and I hope it will continue on for many years to come.

I will be talking about violence against women with disabilities at this year's Reclaim the Night March. See page 2 of the newsletter for more information. I'd love to see lots of women with disabilities participating.

WWDWA Inc will be on a break over the December/January holiday season, and the monthly forums will start again in February 2014.

Hope to see you all at the forums!

Rayna Lamb  
Coordinator

**Monthly Forums held for women with disabilities at Subiaco Arts Centre, 180 Hamersley Road, Subiaco. Wheelchair accessible with ACROD parking and close to accessible public transport. See page 4 of the newsletter for more information about the forums and a map to the venue.**

**27 October 2-4 pm – Osteoporosis and women with disabilities – Jane Akerman, Women's Health Nurse**

**24 November 2-4 pm – WWDWA Inc Annual General Meeting 2013 – Guest Speaker Geraldine Mellet, NDIS Campaign Coordinator WA and Journalist**

**RSVP to Rayna on 9244 7463 or 9388 7455 or email [rayna@wwdwa.org.au](mailto:rayna@wwdwa.org.au) by Friday prior to forum.**



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### **ANNUAL GENERAL MEETING 2013**

Women With Disabilities WA Inc  
Sunday 24 November  
2 – 4 pm at the Subiaco Arts Centre

Please bring a plate for afternoon tea

Everyone is welcome, members, friends, family and supporters of WWDWA Inc as well as any interested members of the public. Come along and find out more about us and what we do.

Copies of Women With Disabilities WA Inc Management Committee Nomination Forms and Proxy Voting Forms can be obtained by contacting WWDWA Inc on 9244 7463. Only WWDWA Inc Full Members (women with disabilities who live in West Australia) can nominate to be on the committee and vote in elections.

### **Reclaim the Night Perth Friday 25th of October, 2013. 6pm at Perth Cultural Centre, Northbridge.**

A gathering & march to say "NO MORE" to physical & sexual violence against women & girls.

We demand:

- An end to the violence towards & rape of women in our society
- No more cuts to women's crisis services
- More justice in relation to violent crimes against women
- An increase in funding for women's services

Did you know...?

- Only 2% of sexual assault cases result in convictions.
- 4 out of 5 partner homicides involve a male killing a female.
- More than 80% of rape victims are female.
- 93% of rapists are male.

Come along and help us challenge the status quo: we encourage everyone who supports our aims to join us. Please note that the march, however, is a women-only event.

Find out more: [www.facebook.com/ReclaimtheNightPerth2013](http://www.facebook.com/ReclaimtheNightPerth2013)

### **New Magazine for People With Disabilities**

"starecase" is a magazine written by people with disabilities for people with disabilities. It is not funded by any government or disability agency or organisation and it is run entirely by people with disabilities. You can read the first two issues at the starecase website <http://starecase.weebly.com/> If you have anything you would like to see in upcoming issue please go to the website and contact the editor, they would love to hear from you.



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## **Royal Commission returns to Melbourne and Perth**

The Royal Commission into Institutional Responses to Child Sexual Abuse will hold more face-to-face private sessions in Melbourne commencing 7 October, and Perth commencing 8 October.

Private sessions provide an opportunity for people to tell their story in an informal setting in the presence of a Commissioner. All of the information provided in a private session is kept confidential unless the person providing it agrees to it being made public.

The Royal Commission will offer 1,000 private sessions before the end of this year and will return to Victoria and Western Australia later in the year to hear from more people.

The Royal Commission will also visit Brisbane, Canberra and Darwin in the next month.

The Royal Commission encourages people who have experienced sexual abuse as a child in an institution or witnessed child sexual abuse in an institution to provide details and information to the Royal Commission by:

- Telephoning 1800 099 340
- Emailing [registerinterest@childabuseroyalcommission.gov.au](mailto:registerinterest@childabuseroyalcommission.gov.au); or
- Writing to GPO Box 5283, Sydney NSW 2001

If you need more information, including about support services, visit the Royal Commission's website at [www.childabuseroyalcommission.gov.au](http://www.childabuseroyalcommission.gov.au) or contact the Community Engagement Team ([stakeholders@childabuseroyalcommission.gov.au](mailto:stakeholders@childabuseroyalcommission.gov.au)).

## **Free online pain management course through Macquarie uni**

<http://www.ecentreclinic.org/index.php/our-courses/ecentreclinic-courses/pain>

The Pain Course is a new free internet based education program designed to provide good information about chronic pain and to teach practical skills for the management of chronic pain and emotional wellbeing. We developed The Pain Course because Chronic Pain is a common condition, but many people have limited access or never seek treatment. To learn more about Chronic Pain, please click here

<http://www.ecentreclinic.org/index.php/conditions-we-treat/about-chronic-pain>

We developed the Pain Course with the hope of helping limit the impact that Chronic Pain has on what people are able to do day-to-day and on peoples' quality of life.



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**Subiaco Arts Centre** 180 Hamersley Road, Subiaco WA 6008

**Route 25 Bus Stops**  
**P Parking**  
**Disabled Access Entrance**

**By Train**  
 Subiaco and DalGLISH Stations on Fremantle Line

**By Bus**  
 Route 25 (Wheelchair Accessible Service)  
 Claremont to East Perth via Kings Park Rd.  
 Departs  
 St. George's Terrace (near Barrack St.) stand 32  
 St. George's Terrace (opposite King St.) stand 32

Transperth Infoline - 13 62 13 [www.transperth.wa.gov.au](http://www.transperth.wa.gov.au)

**Volunteers**

In order that forums and other events that we have can run smoothly, we rely on the support of volunteers.

Volunteers are needed to assist in the physical tasks of setting up venues and supporting women who need assistance during the forums.

If you know women who would be interested in helping out please let Rayna know.

**General Forum Information**

The cost for attending the forums is a \$2 gold coin donation. This goes towards paying for speakers and other forum related expenses. Please bring a plate of nibbles/biscuits for afternoon tea. Tea/coffee and cold drinks are provided.